

the edge



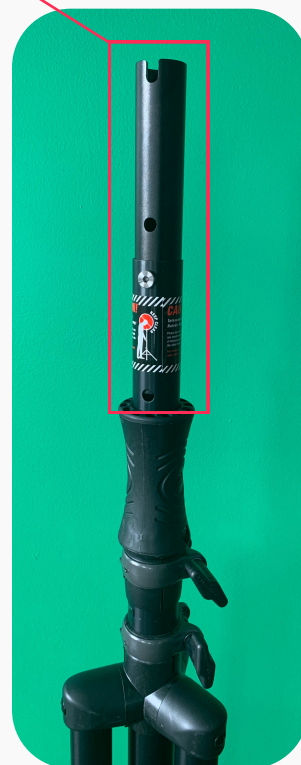
in the box

mounting bracket

tripod

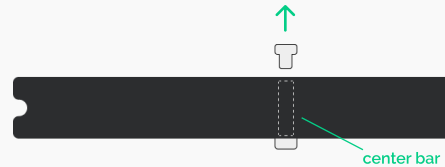
power brick

mounting bar

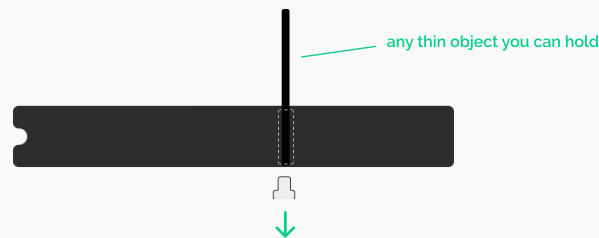


setting up the tripod

- 1** Holding the mounting bar **horizontally** with a screw facing upwards, remove the top screw. (note: the notch faces upward, but is included in the illustration for clarity)



- 2** Insert a thin object through the middle bar to hold it in place. Remove the bottom screw.



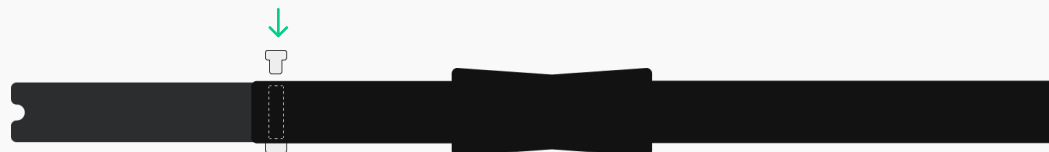
- 3** **Lie the tripod horizontally** on a level surface. Carefully insert the mounting bar into the open end of the tripod, lining the hole of the inside metal piece with the top hole of the tripod. Use the thin object to help stabilize, but you will need to remove it briefly.



- 4** Re-insert the thin object through the middle bar and hold it in place while you reattach the bottom screw.



- 5** Holding the mounting bar horizontally with a screw facing upwards, unscrew the top screw.

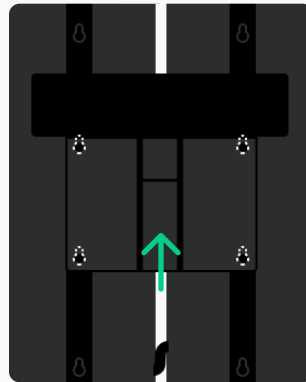


setting up the edge

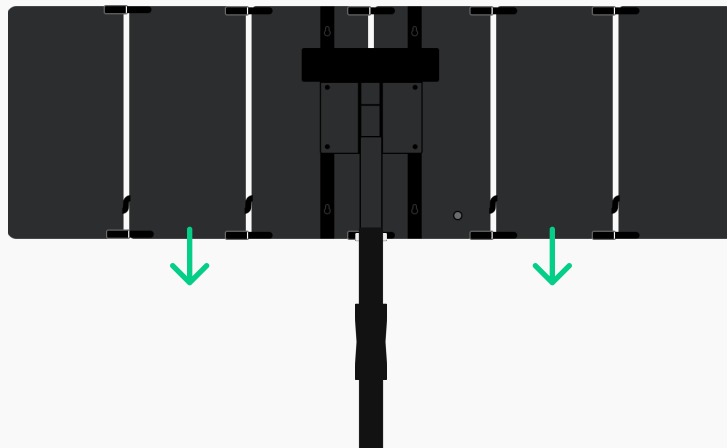
- 1 Remove Edge from its case and fasten the clasps.



- 2 Slide the mounting bracket into the notches and slide up until the latch locks in place.

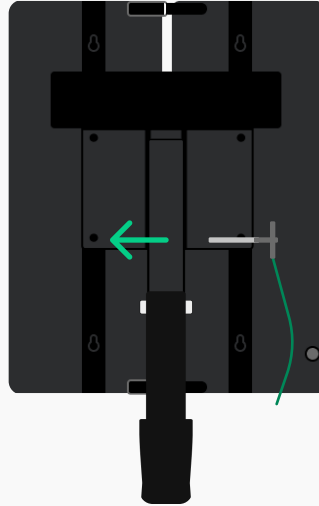


- 3 Lift the edge up and slide it onto the prepared tripod. The bar in the center of the bracket should line up with the notches on the mounting bar.

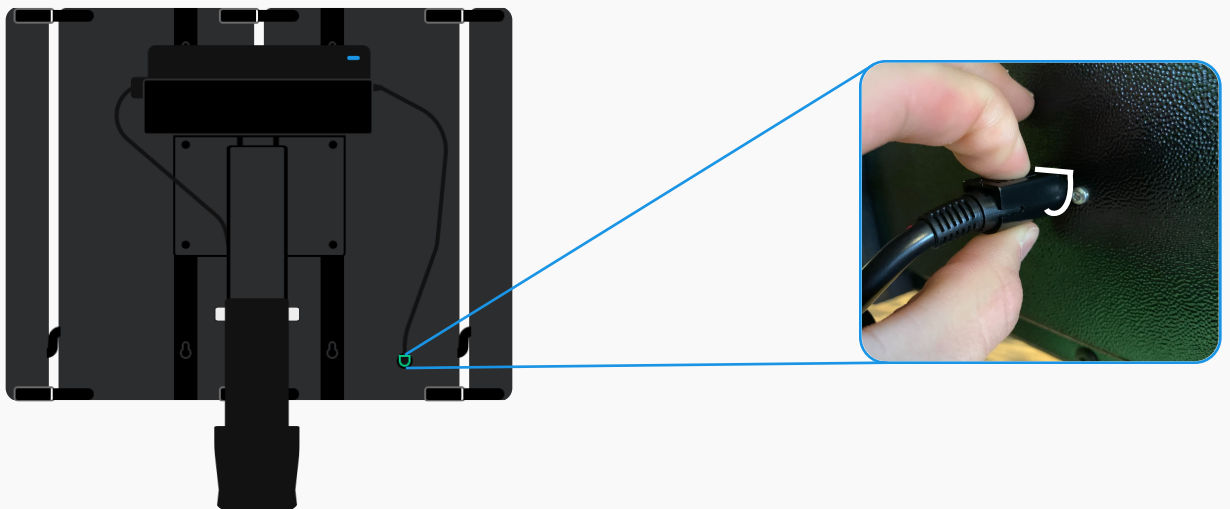


setting up the edge

- 4** Insert the pin to attach the mounting bracket to the mounting bar.

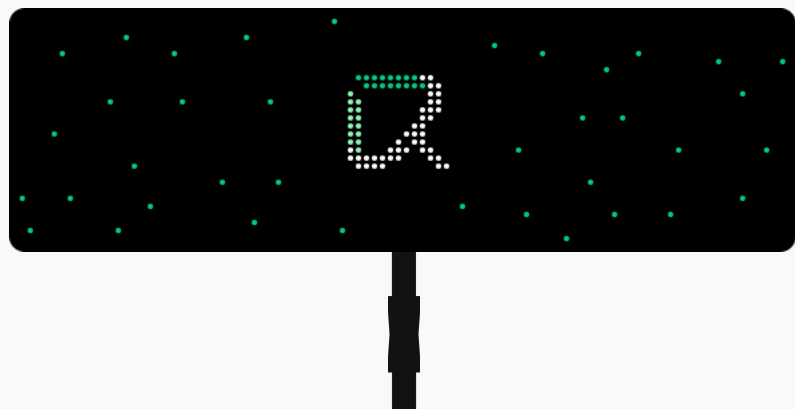


- 5** Rest power brick in cradle. Plug into the port on the Edge, making sure the **flat side is facing up**. Power on the edge.

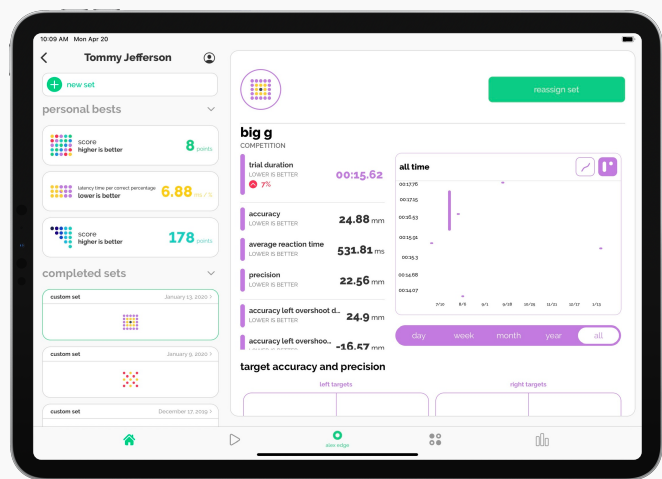


setting up the edge

6 Once the Edge is plugged in, it will boot and show the Reflexion logo and pairing screen. You're ready to go!



7 Download “**Reflexion: Neuro-Fitness Trainer**” from the App Store to start using your Edge,



tips & tricks

touch

The Edge screen is like that of a smartphone or tablet, so **one or two fingers is going to give you the best result**, and avoid palming or slapping the screen. If you try to high five your phone, it's not going to break the screen, but it's also not going to start typing a message.

learn

Anyone who will be operating the Edge should spend at minimum 15 minutes on reflexion.co/getting-started to learn how to use the app. There's a wealth of services Reflexion provides, and we want you to be ready for anything.

drills

Each drill focuses on different visual and cognitive function. Try each one a couple of times in **Freestyle** to familiarize yourself with experience.

clean










Between athletes or patients, sanitize the Edge with 75% isopropyl alcohol, or most standard alcohol wipes.

need help?

With any questions or assistance, call **(717) 200-7463** or email us at support@reflexion.co.

Enjoy!

drills & cognitions

drill	cognition
 big g	reaction time, eye-hand coordination, peripheral vision, reach
 expanding out	peripheral vision, eye-hand coordination
 memory saccade	visual memory, field mapping
 minefield	eye-hand coordination, prioritization, peripheral awareness
 n plus one	memory, pattern recognition
 pursue	hand-speed reaction, visual pursuit
 r.a.l.e.	decision making, reaction time, eye-hand coordination
 reaction	complex reaction time, inhibitory control, eye-hand coordination
 waterfall	eye-hand coordination, prioritization, peripheral awareness

Because Reflexion is always innovating and improving upon our drills, this list may be out of date or incomplete.
For an updated list, go to reflexion.co/drills